

CREW MENU

BREAKFAST

EGG SELECTIONS

BUILD-YOUR-OWN OMELETTE \$35
hash brown patty, fruit salad
choice of:

- Swiss
- cheddar
- vegetable
- vegan egg
- vegan cheese

toast options:

- white pullman
- whole wheat

SIGNATURE ITEMS

BREAKFAST SANDWICH \$30
scrambled eggs, apple smoked bacon, Vermont cheddar cheese, harissa mayonnaise,
brioche bun, fruit salad

CLASSIC BREAKFAST BURRITO \$24
scrambled eggs, breakfast sausage, Vermont cheddar cheese, flour tortilla
wrap, house-made salsa, sour cream

CLASSIC LOX BAGEL \$26
Norwegian nova smoked salmon, cream cheese, fresh dill, sliced tomato, sliced red
onion, plain bagel

HIGH PROTEIN BREAKFAST \$26
turkey sausage, hard boiled egg, almond butter protein shake

SWEET ITEMS

YOGURT PARFAIT \$24
Greek yogurt, house-made granola, fresh assorted berries, chocolate chip muffin

INDIVIDUAL FRUIT SALAD \$20
sliced assorted seasonal fruits, chocolate chip muffin

CREW MENU

LUNCH

LUNCH BOX 1

\$55

CHICKEN CAESAR SALAD

baby romaine lettuce, cherry tomatoes, croutons, egg, parmesan caesar dressing

choices: Grilled Chicken or Chicken Milanese

POTATO SALAD

herbed mayonnaise vinaigrette

CLASSIC CHOCOLATE CHIP COOKIE

chocolate chips

LUNCH BOX 2

\$42

choice of:

- TURKEY CLUB SANDWICH

house-roasted turkey, crispy bacon, herbed mayonnaise, lettuce, tomatoes, white pullman bread

- ROAST BEEF SANDWICH

roast beef, horseradish cream, watercress

POTATO SALAD

herbed mayonnaise vinaigrette

OATMEAL COOKIE

nuts, dried fruits, brown sugar

LUNCH BOX 3

\$42

MONOGRANO SPICY RIGATONI

calabrian chili peppers, pomodoro cream sauce, parmesan cheese, basil

MIXED BABY GREEN SALAD

local greens, shaved carrots, sliced cucumbers, edible micro-flowers, lemon dressing

BROWNIE

dark chocolate

CREW MENU



LUNCH BOX 4

\$68

GREEK SALAD & SHRIMP

grilled tiger prawns, feta cheese, kalamata olives, greens, cucumbers, roasted peppers, vine-ripened tomatoes, oregano, sliced red onion, red-wine dressing

BLONDIES

white chocolate chips

DINNER

DINNER BOX 1

\$45

CHICKEN MILANESE

arugula, cherry tomatoes, shaved parmesan cheese, grilled lemon

CREAMY MASHED POTATOES

butter, cream

DOUBLE CHOCOLATE PEANUT CHIP COOKIE

peanut chips

DINNER BOX 2

\$65

PAN-ROASTED LEMONGRASS CHICKEN

half green-circle chicken, pickled vegetables, roasted peanuts, lime dressing, chili sauce, jasmine rice

CRISPY VEGETABLE SPRING ROLLS (2 pieces)

citrus sauce

BLONDIES

white chocolate chips

CREW MENU



DINNER BOX 3

\$58

ARGENTINEAN STYLE PRIME SKIRT STEAK
roasted baby potatoes, chimichurri sauce, bouquet garni

HARICOT VERT
pommey mustard-butter, shallots

COCONUT COOKIE
shredded coconut flakes

DINNER BOX 4

\$48

GRILLED ORA KING SALMON PLANK
wild rice farro salad, grilled lemon

MIXED BABY GREEN SALAD
local greens, shaved carrots, sliced cucumbers, edible micro-flowers, lemon dressing

COCONUT COOKIE
shredded coconut flakes

DINNER BOX 5

\$58

SPICY THAI GREEN VEGETABLE CURRY
seasonal vegetables, tofu, holy basil, white jasmine rice

CRISPY VEGETABLE SPRING ROLLS (2 pieces)
citrus sauce

COCONUT COOKIE
shredded coconut flakes

CREW MENU



DINNER BOX 6

\$42

MONOGRANO PENNE PASTA PRIMAVERA
seasonal vegetables, parmesan cheese, basil

ARUGULA PARMESAN SALAD
arugula, parmesan cheese, lemon dressing

BROWNIE
chocolate chip

DINNER BOX 7

\$58

WOK CHAR TOFU & BROCCOLI
jasmine white rice

CRISPY VEGETABLE SPRING ROLL
citrus sauce

COCONUT COOKIE
shredded coconut flakes

CREW MENU



NUHMA
Inflight Dining

LUNCH SNACKS (HIGH PROTEIN)

SNACK BOX 1

\$38

FRESH MARKET CRUDITE

rainbow carrots, celery, cucumbers, radish, cauliflower, sweet peppers

HUMMUS

chickpeas

HOUSE-MADE WHOLE WHEAT PITA CHIPS

za'atar, sesame seeds, lightly salted

ALMONDS

SNACK BOX 2

\$28

PLAIN HARD-BOILED EGGS (2 pcs)

local, free-range organic

HOUSE-ROASTED TURKEY BREAST ROLL UPS

SWISS CHEESE ROLLS UPS

CELERY STICKS

CREW MENU

NUHMA
Inflight Dining

JUICE BAR

JUICES & SMOOTHIES (FRESH PRESSED)

COLD PRESSED ORANGE JUICE assorted oranges	\$22
COLD PRESSED GRAPEFRUIT JUICE assorted pink grapefruits	\$22
ORGANIC GREEN POWER JUICE lacinto lake, cellery, ginger, green apples, cucumber, lemon	\$23
SUNSET JUICE carrots, oranges, pineapple, lime juice, turmeric, ginger	\$23
VERY BERRY SMOOTHIE assorted seasonal berries, plain Greek yogurt, honey	\$24

ADDITIONAL SNACKS

GoMacro Granola Bar (2.3 oz/ 65 gms) assorted flavors	\$5
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